

Effect of air heat treatment time on physical, chemical and DNA quality properties of strawberry fruit (cv. Candonga)

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Abstract

Changes in quality properties of air heat-treated (45°C for 0, 2 and 4 h) strawberries were investigated. As treatment time increased, most of physical, chemical and DNA quality properties decreased significantly. After 4 h, however, fruits showed the highest L^* value, Hue angle, pH, soluble solids content (SSC) and total phenolic accumulation. The results of multiplex PCR assays showed two amplified fragments for all samples extracted from achenes. In thalamus, conversely, the number of amplified fragments decreased with time, indicating great degradation of DNA in this tissue.

Introduction

Consumption of fruits and vegetables provides reduction of heart diseases, free radicals and hypertension, improvement on weight control and even reduction of the risk of some cancers (Halliwell, 1994; Ho and Shahidi, 2005). These health-promoting properties are associated with antioxidant compounds, such as anthocyanins, vitamin C, and phenolic acids, which offer protection against harmful free radicals. In

addition to the usual nutrients, such as vitamins and minerals, strawberries are a good dietary source of these bioactive compounds (Heinonen *et al.*, 1998; Rice-Evans and Miller, 1996) and, among the fruits, they have one of the highest antioxidant activity (Cordenunsi *et al.*, 2002; Wang *et al.*, 1996). Depending on their content of antioxidant molecules, these fruits have antioxidant, anticancer, anti-inflammatory and anti-neurodegenerative biological properties (Hannum, 2004), so that they can be considered healthy-foods. Strawberries, however, are highly perishable after harvest and susceptible to mechanical injury, physiological deterioration, water loss, and microbial decay, thus, without appropriate treatment and storage conditions, their quality rapidly declines. During the past few years, there has been increasing interest in the use of physical treatments to extend the shelf life of fruit and vegetable products. As an eco-friendly alternative to chemically decontamination, heat treatments can control insect pests, prevent pathogen infection, increase resistance to chilling injury, delay fruit ripening and extend postharvest shelf life (Civello *et al.*, 1997; Ketsa *et al.*, 1998; Wang, 1998). Couey and Follstad (1966) claimed that heat treatments had a beneficial effect on strawberry fruit. Nevertheless, in recent studies contradictory results have been reported. For instance, reports on Chandler (Yoshikawa *et al.*, 1992) and Pájaro (Lara *et al.*, 2006) strawberries have shown that firmness was similar in air-heated and untreated fruit. Selva strawberries treated with hot air showed delayed softening rates (Civello *et al.*, 1997; Vicente *et al.*, 2002), although no difference was observed in recent studies (Vicente *et al.*, 2003, 2005). In addition, hot water dips has been reported to affect strawberry firmness positively in Tudla (García *et al.*, 1995) and negatively in Pájaro (Lara *et al.*, 2006). Observed changes are related to cultivar differences and heating procedures, as well as time of exposure (Lurie, 1998). Besides, the benefit of using heat treatments can result in a loss of those distinctive morphological features that are necessary for product identification. There is, therefore, a need to verify the applicability of those techniques that allow authenticating food products, even after intensive treatments. DNA-based analyses of food products have been demonstrated to be an efficient mean for compositional analysis including plant speciation (Knight, 1998), meat, milk and fish adulteration (Meyer *et al.*, 1995; Píknova *et al.*, 2002; Sanjuan and Comesana, 2002), microbial contamination (Agarwal *et al.*, 2002), and detection of plant ingredients derived from genetically modified plants (Hubner *et al.*, 2001). The prerequisite for DNA-based analyses is the availability of high quality genomic DNA. Several studies demonstrated that there is a significant DNA degradation during food processing (Peano *et al.*, 2004; Tilley, 2004; Arslan *et al.*, 2006), so that DNA quality parameters (i.e. yield, purity, degradation, etc.), in combination with other physical and chemical parameters, could provide valuable information for monitoring postharvest treatments. Considering that reported effects of heat treatments on strawberry quality have been diverse for different cultivars, and that there is a lack of results on comparing different times of exposure, this preliminary work was undertaken to study the effect of hot air treatment time on quality properties of Candonga strawberry

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fruits, for which no results are yet available. This cultivar has a 50% share of the market in Southern Italy; in Basilicata, it already has a share of 85% (Watson, 2010). A further aim was to evaluate whether such treatments could affect the ability to extract, amplify and identify DNA from heat-treated fruits.

Materials and Methods

Sampling and heat treatments

Strawberries (*Fragaria x ananassa* cv. Candonga) were harvested in the summer of 2007 (June 27), early in the morning (05:00 h ÷ 06:00 h; 17.79°C; RH: 98.90%; total solar radiation: 130.3 KJ/m²), and transferred to the laboratory within 3 h. Fruits for processing were selected according to their appearance (i.e. uniform size and 75% red color), washed in distilled water, dried with a paper towel to remove undesirable materials and the peduncles removed. Then they were classified into three homogeneous groups and held in an air oven at 45°C for 0, 2 and 4 h. After the heat treatments, each group was immediately analyzed.

Physical analysis

The fruits of each group were individually weighed with an electronic digital balance (Model PM 400, Mettler, Greifensee, Switzerland). External color was measured on three points of each fruit using a reflectance colorimeter (Model CR 200, Minolta, Ramsey, NJ, USA). Color was recorded using the CIE-*L**, *a**, *b** uniform color space, in which the *L** scale ranges from no reflection (*L**=0, black) to perfect diffuse reflection (*L**=100, white), the *a** scale ranges from negative values for green to positive values for red, and the *b** scale ranges from negative values for blue to positive values for yellow. Numerical values of *a** and *b** were used to calculate *Chroma* ($[(a^*+b^*)^2]^{1/2}$), which indicates the intensity or color saturation, and Hue angle ($\arctangent[b^*/a^*]$), where 0°=red-purple, 90°=yellow, 180°=bluish-green and 270°=blue (McGuire, 1992). Fruit firmness was measured using a penetrometer (Model FT 011, TR Scientific Instruments, Forlì, Italy) at 1 or 2 points on the shoulder of strawberry by applying a plunger of 6 mm in diameter.

Chemical analysis

The thalamus tissue of each fruit was separated manually from achenes and homogenized in a refrigerated blender at high speed for 2 min. The resultant homogenate was used for chemical measurements. A precise amount (1 g) of homogenate was centrifuged at 1,500 x g for 10 min, the resulting supernatant filtered and used for determination of soluble solids content (SSC). SSC was determined using a digital refractometer (Model PR, Atago, Tokyo, Japan) and results were expressed in percentage (%). One gram of homogenised tissue was poured into 9 mL of distilled water and pH of the filtered solution was measured using a standard pH meter (Model 744, Metrohm AG, Herisau, Switzerland), previously standardized to pH 4 and 7. Total anthocyanins and total soluble phenolics (TSP) were extracted overnight at 4°C from 1 g of homogenate with 9 mL of methanol containing 0.1% (v/v) of HCl. After centrifugation at 1,500 x g for 10 min, the supernatant was filtered and its absorbance at 510 nm was measured. The amount of anthocyanins was calculated using the extinction coefficient (ϵ) equal to $3.6 \times 10^{-6} \text{ l mol}^{-1} \text{ m}^{-1}$ (Woodward, 1972). Total anthocyanins content was expressed as mg of pelargonidin-3-glucoside (PGN) per g of tissue. For measuring TSP content, 1 mL of the same supernatant was added to 5 mL of 10% (v/v) of Folin-Ciocalteu reagent (Singleton and Rossi, 1965). After 3 min at ~24°C (ambient), 4 mL of saturated solution of 7.5% (w/v) of Na₂CO₃ were added, and the reac-

tion mixture was incubated for 2 h at the same temperature. The absorbance of the resulting blue color was measured at 760 nm using a UV-Vis Spectrophotometer (Model Cary 50, Varian Inc., Walnut Creek, CA, USA). Quantification was done on the basis of a standard curve of gallic acid and results were expressed as mg gallic acid equivalents (GAE) per g of tissue. Total ascorbic acid (TAA) was measured by classical titration method using 2,6-dichlorophenol indophenol solution in mg/g tissue (Charalambous, 1984; Miller, 1998).

DNA analysis

DNA was extracted separately from the achenes and the thalamus of each fruit. Both tissues were ground in liquid nitrogen by pestle and mortar. The resultant powder (~1 g) was mixed with 5 mL of washing buffer [100 mM Sodium Acetate Buffer (pH 5.0), 20 mM EDTA (pH 5.0), 0.2 M Sorbitol, 2% (w/v) PVP (MW 360.000), 2% (v/v) β -mercaptoethanol]. After centrifugation (3,000 x g for 10 min at 4°C), the supernatant was discarded, the pellet suspended in 2 mL of extraction buffer (200 mM Tris-HCl [pH 7.5], 1.4 M NaCl, 20 mM EDTA, 2% (w/v) CTAB, 2% (v/v) β -mercaptoethanol) and incubated at 65°C for 30 min. An equal volume of chloroform:ottanol (24:1 v:v) was added, the sample was vigorously vortexed and then centrifuged (4,000 x g for 10 min at 4°C). The upper phase was transferred into a new tube containing an equal volume of isopropanol and incubated at 0°C for 5 min. After centrifugation (4,000 x g for 10 min at 4°C), the supernatant was discarded, the pellet suspended in 500 μ L of ultrapure distilled water and treated with RNAase A (10 μ g/ μ L) at 37°C for 30 min. RNase reaction was terminated by adding 1 volume of phenol:chloroform (1:1 v:v) first and 1 volume of chloroform:isoamyl alcohol (24:1 v:v) then. DNA was precipitated by adding 1 volume of isopropanol and 0.2 volume of ammonium acetate (5M). After 1 h at -20°C, DNA was pelleted by centrifugation (16,000 x g for 10 min at 4°C), rinsed twice with 75% (v/v) ethanol, air-dried and dissolved into 100 μ L ultrapure distilled water. The integrity of the isolated DNA was checked on a 1% (w/v) agarose gel under ultraviolet light, after staining with ethidium bromide (0.5-1 μ g/mL). The DNA yield (expressed as μ g per gram of tissue) was measured with an UV/Vis spectrophotometer (Model ND-1000, NanoDrop, Wilmington, Delaware, USA) and the A₂₆₀/A₂₈₀ and A₂₆₀/A₂₃₀ absorption ratios were verified as quality indexes. A multiplex PCR was carried out to evaluate DNAs for the amplification of two loci simultaneously in the same reaction. Only DNAs detectable on agarose gel under UV was used for PCR amplification. The integrity of DNAs was also evaluated by amplifying fragments of different size. We choose to amplify of a fragment of 480 bp of the *Fragaria x ananassa* tRNA-Leu (*trnL*) and tRNA-Phe (*trnF*) genes (GenBank® Accession # AF163538) using a set of forward (5'-GGTTC AAGTCCCTCTATCCC-3') and reverse primers (5'-ATTTGA ACTGGTGACACGAG-3'). To amplify the 209 bp fragment of the *Fragaria x ananassa* cinnamyl alcohol dehydrogenase (*cad*) gene (GenBank® Accession # AF320110) were used 5' primer, 5'-GAGGAG-GAAGCTCTTAAACACC-3', and 3' primer, 5'-GCAGAACTGTGTC AATGATCC-3'. Multiplex PCR reactions were performed using a PTC-200™ Peltier Thermal Cycler (MJ Research and Biozym, Hessisch Oldendorf, Germany) in a final volume of 50 μ L containing 0.1 μ g genomic DNA template, 20 mM Optimized DyNAzyme™ Buffer, 0.2 mM dNTPs, 0.4 mM each primer of four primers and 2.5 units of DyNAzyme™ II DNA Polymerase (Finnzymes OY, Riihitontuntie, Espoo, Finland). PCR program consisted of 1 cycle of 5 min at 94°C; 40 cycles of 30 sec at 94°C, 30 sec. at 59°C, and 1 min at 72°C; a final extension of 5 min at 72°C and ultimately kept at 4°C. The amplification products were resolved by electrophoresis on a 1.5% (w/v) agarose gel with ethidium bromide (0.5-1 μ g/mL) and visualized under UV. Bands of appropriate size were identified by comparison with a 100 bp marker (Invitrogen, Carlsbad, CA, USA).

Statistical analysis

All the variables were tested for normal distribution using the Shapiro-Wilk test (Shapiro and Wilk, 1965). One-way analysis of variance (ANOVA) was used to determine significant differences among samples due to heat treatment time. Means of the triplicate experimental results were ranked according to Tukey's HSD (honestly significant difference) multiple comparison test for responses that showed significance difference. Statistical analyses were performed using Statistica version 7 (StatSoft Inc., Tulsa, OK, USA) software. The presence and absence of bands, visualized under UV on agarose gels used to check DNA quality and multiplex PCR products, was scored (1, 0, respectively) and data were expressed as positive cases of DNA band presence on total cases.

Results and discussion

Physical analysis

Results concerning the effect of heat treatment time on physical quality properties of strawberries are shown in Table 1. Strawberry weight decreased during treatment time. Fruits heated at 45°C for 4 h had a lower weight, respectively, than those heated for 2 and 0 h. These differences could be due primarily to different water loss among groups during treatments. Previous studies found that the application of heat treatment (45°C, 3 h) in strawberries cv. Selva caused a weight loss close to 2-3% (Vicente *et al.*, 2002; 2003). Heat treatments had a negative effect on fruit firmness: when heated for 4 h, strawberries were softer than those treated for 2 and 0 h, respectively. Civello *et al.* (1997) and Vicente *et al.* (2002) reported that after the 3 h of hot air treatments (42, 45 or 48°C), strawberries were slightly firmer than controls, although no difference was found in other studies (Vicente *et al.*, 2003; 2005) and cultivars (Chandler, Yoshikawa *et al.*, 1992; Pájaro, Lara *et al.*, 2006). Based on the results of the current research, heat treatments do not seem to affect positively fruit firmness in strawberries cv. Candonga and changes in softening can be physically explained by the considerable loss of water experienced by strawberries during treatments. The L^* value of the strawberries decreased from 0 to 2 h, but the difference was not significant. Vicente *et al.* (2002, 2003) reported a significant loss of lightness treating strawberries at 45°C only after 3 h, thus confirming our result. In contrast, 4 h heat-treated strawberries exhibited a higher L^* value compared to strawberries from the other two treatment time, meaning that the fruit developed a lighter external color after 4 h at 45°C. The external red color of the strawberry fruit (b^* value), as well as the color saturation (Chroma value), decreased during treatments, with fruits heated for 4 h showing lower values compared to the samples of other groups. These results indicated that the fruit surface became lower in pigment intensity (i.e. anthocyanins) during treatments. Yellowness (b^* value) was similar in strawberries

heated for 0 and 2 h, but decreased significantly after 4 h. Fruits developed a less orange-red color after 2 h (Hue angle decreased), confirming previous results (Vicente *et al.*, 2002, 2003; Wang and Camp, 2000). However, the color of strawberries became more orange-red after 4 h (Hue angle increased).

Chemical analysis

Data in Table 2 give the chemical quality properties of strawberries after heat treatments. The pH value varied significantly among treatments, with 4h heat-treated strawberries showing the highest value. These data conflicted with the findings of previous studies, in which no change of pH was observed after hot air treatment in strawberries cv. Selva (Vicente *et al.*, 2002; 2003) and Pájaro (Lara *et al.*, 2006). However, our results are more in line with those obtained by using hot water treatment (García *et al.*, 1995; Lara *et al.*, 2006), in which an increase of pH resulted from increased membrane permeability in heated fruit leading to enzymatic degradation of organic acids liberated from the vacuole. These results can probably explain strawberry changes in softening during treatments. Total soluble solids significantly increased with heat treatment time: samples treated for 4 h showed the highest SSC content compared to which of other samples. These results are in agreement with García *et al.* (1995) and Lara *et al.* (2006) and are probably due to the increased activity of the invertase enzymes in the range of temperatures from 40 to 60°C (Ranwala *et al.*,

Table 1. Effect of air heat treatment time on physical quality properties of strawberry fruit.

Air heat treatment time (h at 45°C)	Weight (g)	Firmness (N)	External color				
			L^*	a^*	b^*	Chroma Hue angle	
0	22.70 ^a	4.42 ^a	37.41 ^a	37.44 ^a	23.35 ^a	44.17 ^a	31.95 ^a
2	19.30 ^b	3.27 ^b	36.81 ^a	33.58 ^b	19.35 ^b	38.81 ^b	29.95 ^b
4	17.63 ^c	1.61 ^c	41.93 ^b	28.03 ^c	18.83 ^b	33.81 ^c	33.89 ^c

^{a-c}Means for the same parameter in the same column with different letters are significantly different (P<0.05).

Table 2. Effect of air heat treatment time on chemical quality properties of strawberry fruit.

Air heat treatment time (h at 45°C)	pH	SSC (%)	Total anthocyanins	TSP	TAA
			(mg PGN/g)	(mg GAE/g)	
0	3.48 ^a	8.97 ^a	0.21 ^a	1.75 ^a	0.61 ^a
2	3.54 ^b	10.25 ^b	0.20 ^a	1.98 ^a	0.54 ^b
4	3.62 ^c	11.67 ^c	0.15 ^b	2.55 ^c	0.40 ^c

SSC, soluble solids content; TSP, total soluble phenolics; TAA, total ascorbic acid; PGN, pelargonidin-3-glucoside; GAE, gallic acid equivalents; a-c means for the same parameter in the same column with different letters are significantly different (P<0.05).

Table 3. Effect of air heat treatment time on DNA quality properties of strawberry fruit.

Air heat treatment time (h at 45°C)	HMW DNA presence ^o	DNA yield (µg/g)	DNA purity		Multiplex PCR ^o	
			A_{260}/A_{280}	A_{260}/A_{230}	<i>trnL-F</i>	<i>cad</i>
<i>Achenes</i>						
0	30/30	145.93 ^a	2.01 ^a	1.38 ^a	30/30	30/30
2	30/30	107.13 ^b	1.82 ^b	1.21 ^b	30/30	30/30
4	30/30	53.76 ^c	1.64 ^c	0.79 ^c	30/30	30/30
<i>Thalamus</i>						
0	30/30	30.07 ^a	1.96 ^a	1.30 ^a	30/30	30/30
2	30/30	14.66 ^b	1.66 ^b	0.98 ^b	0/30	15/30
4	0/30	-	-	-	-	-

^oNumbers shown are positive cases/total cases; ^{a-c}means for the same parameter in the same column with different letters are significantly different (P<0.05).

1992). No significant differences in anthocyanin content was found in samples heated for 0 and 2 h. Similar results were found heating strawberries for 3 h at 45°C (Vicente *et al.*, 2002; 2003). In contrast, when heated for 4 h, strawberries showed less anthocyanins compared to the other samples. No significant differences in total soluble phenolics was found in samples heated for 0 and 2 h: these results are supported by those found by Vicente *et al.* (2003). However, the highest TSP content was exhibited by the samples collected after 4 h of treatment. The increasing treatment time decreases TAA content, which was lower at 4 h than 2 and 0 h, respectively. These results are in agreement with the findings of Wang and Camp (2000), who reported that the vitamin C content could decrease as temperature increased.

DNA analysis

Table 3 shows the DNA quality properties of strawberries during treatment time. Agarose gel (Figure not shown) analysis showed that HMW bands of DNA extracted from achenes were detected successfully for all treatments. In contrast, when DNA was extracted from thalamus, bands were detected only for those samples that have been sub-

jected to 0 and 2 h of treatment. However, HMW bands became fainter for both tissues as treatment time increased. Besides, the increasing treatment time resulted in more impurities in genomic DNA preparations, such as carbohydrates and phenols, which hindered migration of DNA out of wells and caused non-uniform electrophoretic mobility. It is well known that these cytoplasmic compounds can come into contact with nuclei and other organelles (Loomis, 1974) and do not result in good standards in terms of DNA quality and yield. These results were confirmed by a significant decrease of DNA purity during treatments: A_{260}/A_{280} and A_{260}/A_{230} absorption ratios decreased from 2.01 (0 h) to 1.64 (4 h), and from 1.38 (0 h) to 0.69 (4 h), respectively, in achenes. A similar trend was observed in thalamus, with strawberries treated for 0 h showing the highest absorption ratios (1.96 and 1.30, respectively). These data confirm that heat treatment can increase contamination of the sample by carbohydrates, phenols and other substances which can also interfere in DNA quantification, since they exhibit absorbance at both 230 nm and at 260 nm. Significant was the effect of heat treatment time on DNA yield in both tissues ($P=0.000$), although the damage was lower in achenes than in thalamus. As treatment time increased, the amount of DNA extracted from achenes decreased from 145.93 (0 h) to 53.76 (4 h) μg per gram of tissue. The yield of DNA extracted from thalamus was higher when samples were treated for 0 h than for 2 h (30.07 $\mu\text{g/g}$ vs. 14.66 μg , respectively). The DNA yield from 0 h heat-treated achenes was higher than that (approximately 40 μg per gram of tissue) obtained from seeds of other polysaccharide-rich plants, such as *Glycine max*, *Cicer arietinum*, *Triticum aestivum* and *Sorghum bicolor* (Sharma *et al.*, 2002), whereas the amount extracted from 0 h heat-treated thalamus was comparable to that (4.7 μg per g) obtained from fresh pear (Yamamoto *et al.*, 2006). Different results were described from strawberry leaves by Mercado *et al.* (1999), who obtained 50-120 $\mu\text{g/g}$, and by Hanhineva and Kärenlampi (2007), who obtained 30-50 $\mu\text{g/g}$. The different responses in terms of quality and yield of DNA to heat treatments are probably due to the botanical difference between achenes (true fruit) and thalamus (receptacle), and to their difference in terms of total phenolic, flavonoid and anthocyanin content (Cheel *et al.*, 2007). As shown in Table 3, the DNAs extracted from achenes resulted suitable for multiplex PCR. For all treatments, amplification of the *trnL-F* and *cad* target sequences resulted in two bands at the expected molecular size of 500 and 209 bp, respectively. However, bands became fainter as treatment time increased (Figure 1a,b), thus confirming that the yield and/or the quality of the extracted DNAs was affected by heat treatments. Different results were observed for thalamus: all of the templates obtained for samples heated for 0 h produced two specific amplification bands (100% of the successful amplifications for both genes). In contrast, when strawberries were heated for 2 h, amplification was observed for the *cad* gene (100% of the successful amplifications) but not for the *trnL-F* gene (Table 3), revealing that long DNA strands were not intact. A similar result was reported by Yamamoto *et al.* (2006) using DNAs from canned fruits and fruit juice in pear for *trnL-F* amplification. No products could be obtained from samples heated for 4 h, confirming that the size and the quality of their DNAs were not satisfactory for amplification.

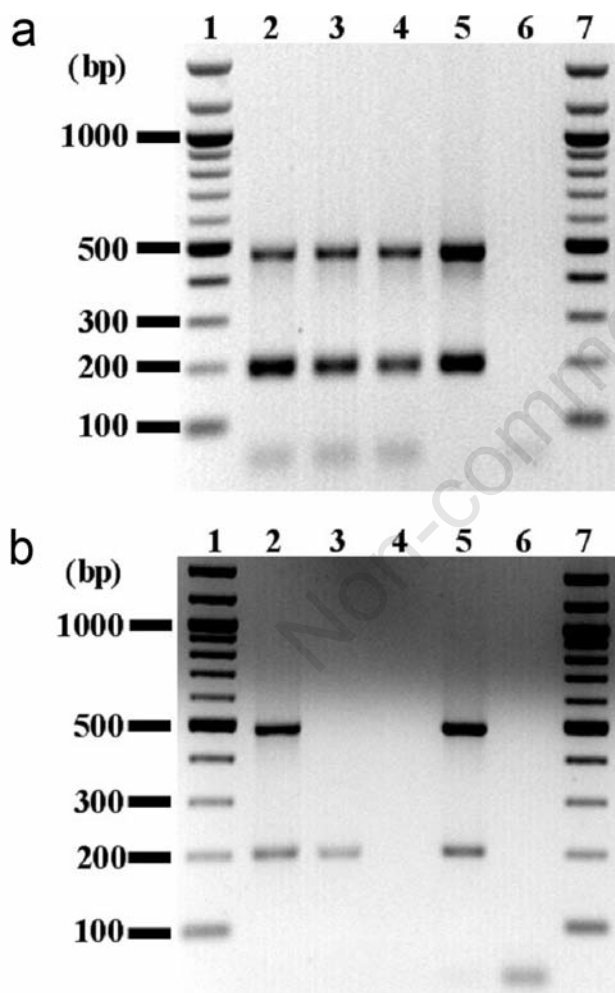


Figure 1. Agarose gel (1.5%) electrophoresis of Multiplex PCR products generated after amplification of DNA extracted from air heat-treated strawberry fruit. (a) Achenes. (b) Thalamus. Line 1, 7=100 bp marker; line 2 = 45°Cx0 h; line 3 = 45°C x 2 h; line 4=45°C x 4 h; line 5=PCR positive control; line 6=PCR negative control.

Conclusions

In the present study, the effects of heating (45°C) Candonga strawberry fruits for different times (0, 2 and 4 h) were investigated. When air heat treatment time increased, strawberry weight decreased significantly, as well as fruit firmness. The latter result is in contrast with the findings from previous studies in Selva strawberries (Civello *et al.*, 1997; Vicente *et al.*, 2002), thus confirming contradictory results related to the same cultivar and among cultivars (Lara *et al.*, 2006;

Yoshikawa *et al.*, 1992; Vicente *et al.*, 2003, 2005). Heat-treated fruits reduced their redness (a^* value) and their pigment intensity (*Chroma* value) with time, whereas lightness (L^* value) loss was significant only after 4 h. *Hue angle* decreased when fruit were treated for 2 h, and increased after 4 h. As exposure of fruit increased, positive effects were observed on solid soluble content and total soluble phenolics, as response of the invertase and PAL enzymes, respectively. However, negative effects were observed in other chemical quality properties, such as pH, total anthocyanins and vitamin C content. Air heat treatment time had a negative effect on quality and yield of genomic HMW DNAs extracted from strawberry fruits. Electrophoresis, spectrophotometry and multiplex PCR analysis showed a progressive reduction of DNA quality during treatments. However, observed differences were much more negative in thalamus than in achenes, since strawberry identification was always obtained using DNAs extracted from the latter matrix. Therefore, as well as providing a method of product authentication, DNA quality parameters used in this study would also offer the possibility of designing, checking and improving postharvest treatments (Lurie, 1998), which could maintain fruit quality throughout the production chain. However, further studies on the effects of other heat treatments (i.e. hot water, etc.) on quality properties of Candonga strawberry fruits, even in relation to storage or shelf life periods, are needed to better understand their different behaviour respecting previous results on other cultivars.

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